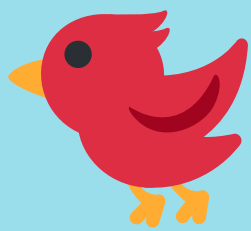


SPEAK UP



Your voice is important!



IF YOU HAVE A COMPLAINT OR CONCERN

Who is your concern about?



Myself



Friends



An adult



School grounds

What is your concern about?



You feel unsafe



Someone is being mean



There is danger



You don't feel heard



There is arguing

Who can help?



Principal



Assistant Principals



Friends



Office Staff



Duty Teacher



Class Teacher

How can you share your concern?

HELP!



Ask for help



Tell a friend



Write a note



Tell an adult

1

PICK YOUR SUPPORT PERSON

Pick some one that you trust and that will try to help make things better.



2

TELL YOUR SUPPORT PERSON

Tell the person how you are feeling and what is happening.

3

LOOK OUT FOR CHANGE

If things do not change, Tell your person again or try another person.

